

Feedback from Facilitator Training: June 2024

Thanks for everything. You ladies were absolutely awesome, lovely, kind, knowledgeable beyond belief, and completely nuts!!

I had the best time and can honestly say that your humour made it all so much better!

No feedback necessary, keep doing what you're doing, it was fantastic!

I have just completed the 3-day Facilitator Training and wanted to thank the 3 of you and say how much I enjoyed the way in which you delivered the training.

Although I have completed the Freedom Programme twice in the past, read the books and completed other courses, I still learnt so much about domestic abuse in general, as well as how to facilitate the programme sessions.

I believe this to be in part due to the fact that I consider we are always constantly learning, but also because the group I was in was made to feel so comfortable that we all spoke freely and wanted to share our knowledge.

Role playing can be off-putting sometimes but speaking in the voice of different people (survivor, child, perpetrator etc.), I believe made us listen and think more deeply.

Overall, a great course with fantastic instructors!

I loved the training, was very easy and relaxed despite the sensitive nature of the discussions.

It was great to have the breaks every hour, just to stretch the aul bones.

I think the workbook, videos and cards are easy to understand so will be a great learning tool for the ladies we work with.

The three of you all have a lovely relationship, jokes, sharing of information and this contributes positively to the learning environment. I'm eager to put it into practice.

I am interested in the Forever Freedom training and the Freedom Programme for the primary school age children/teenagers so I will keep an eye on your training calendar.

I really did enjoy the training. I liked the relaxed and fun way the training was given.

I would be very interested in the Freedom Forever programme in the future.

I will let the childcare manager know about the Freedom Programme for primary school children.

Thanks again Chris, Nina and Dawn.

Thanks, Chris, for the fab training!

All three of you were so encouraging, knowledgeable, and inspiring!

All so good at acting the role of the dominator! I was so engaged!

Great mix of listening and interacting and made everyone feel comfortable.

Thanks to you all 😊

It was a fantastic experience and understanding during my experience with you all I'm so grateful for being part of the training - thanks again

Also, please can you send me some information about the Freedom Programme in primary schools

Thank you very much for the great training you provided. It was extremely beneficial and easy to understand. I feel more confident now in delivering the program to the service users at the children's centre.

I will be using all the tips that you mentioned. It has been great getting to know you and benefiting from your experience. You are the right people on the right place.

What an amazing three days! Chris, Nina and Dawn have been fantastic. I have learnt so much and I am really looking forward to facilitating Freedom in the very near future.

It honestly has been one of the best training experiences I have had (and I have completed a lot of training in my 30 plus year career)! You were all so warm, welcoming, friendly and kind as well as being knowledgeable and able to impart so many examples and scenarios which really helps to bring the programme to life.

Any women or children that have been supported by any of you have been very lucky indeed.

The training was really good and informative and very engaging. I do believe the training will help me become more confident in facilitating the training come September.

The training was easy to follow, and the activities were thought provoking and useful to use with women to enhance engagement and allow them to share their experiences and converse.

You 3 are amazing facilitators and made the training soo much easier to learn the information and different ways to communicate the traits of Dominator and Friend.

Thanks so much for the training and I wish you all the best!