

## Feedback from Facilitator Training: July 2024

The course was great. Very informative but delivered in a manner that made the serious content easy to handle.

All three course leaders were knowledgeable, relatable and supportive.

I would recommend this course 100%.

Thank you it was fantastic training and a lovely set of facilitators 😊

Thank you so much for the training, I've enjoyed every minute of it.

Some of it was difficult for me and negative memories ran down my cheeks, but at the same time, I've been so lucky to change my situation and have been blessed with an amazing man who's helped me gain my confidence back and be me again, I'm now grateful for my past life experiences, as they were lessons.

I've also gained this week, lots of great advice/ information and material, so I can go onto helping others to recognise abusive behaviours, hopefully they won't feel so alone in their journey.

I would firstly like to say thank you and the team for a very informative freedom program course I can assure that I will put all the knowledge I have gain to become a successful facilitator.

Thank you all so much, you do an amazing job! You're fab role models, I'm really grateful to have met you all.

Thank you, Christine, Dawn and Nina.

What brilliant training delivered so well, really enjoyed it. I will look forward to doing it with my colleague who has already done the training with you.

The training was brilliant, I thought I have worked in DVA for years and I have just realised how little I actually knew. I enjoyed every single day.

Chris you should be on the stage I have never laughed so much my ribs were hurting by the end.

You have a so much knowledge I intend to pick your brains from this day forth.